

**GOVIND VIDYALAYA TAMULIA
SPLIT UP SYLLABUS 2017-2018
STD-XII**

PHYSICAL EDUCATION-(048)

SPLIT UP SYLLABUS TERM I : APR '2017 - SEPT 2017

CLASS : XII			NAME OF THE PUBLISHER & BOOK : Saraswati Publication		
SUBJECT : Physical Education(048)			NO. OF LESSONS : 12		
MONTH	NO. OF WORKING DAYS	NO. OF LESSONS	NAME OF THE LESSONS	% OF SYLLABUS COVERED	CUMULATIVE % OF SYLLABUS COVERED
APRIL	22	1	Unit-1 Planning in Sports	8.33%	8.33%
MAY	12	1	Unit-2 Sports and Nutrition	8.33%	16.67%
JUNE	14	2	Unit-3 Yoga and Lifestyle Unit-4 Physical Education & Sports for Differently Aabled	16.67%	33.33%
JULY	25	2	Unit-5 Children and Sports Unit-6 Physical Activity & Leadership Training	16.67%	50.00%
AUGUST	23	2	Unit-7 Test Measurement in Sports Unit-8 Physiology and Sports	16.67%	66.67%
September	8	2	Unit-9 Sports Medicines Unit-10 Kinesiology Biomechanics and Sports	16.67%	83.33%

SPLIT UP SYLLABUS TERM II : OCT '2017 - MARCH 2018

CLASS : V			NAME OF THE PUBLISHER & BOOK : Saraswati Publication		
SUBJECT : Computer					
MONTH	NO. OF WORKING DAYS	NO. OF LESSONS	NAME OF THE LESSONS	% OF SYLLABUS COVERED	CUMULATIVE % OF SYLLABUS COVERED
October	18	2	Unit-11 Training in Sports Unit-12 Psychology and Sports	16.67%	100.00%
November	22		Revision	0.00%	100.00%
December	16		Revision	0.00%	100.00%
January	22		Revision	0.00%	100.00%
February	19		Revision	0.00%	100.00%