

GOVIND VIDYALAYA TAMULIA
SPLIT UP SYLLABUS 2017-2018
STD-XI

PHYSICAL EDUCATION-(048)

SPLIT UP SYLLABUS TERM I : APR '2017 - SEPT 2017

CLASS : XI			NAME OF THE PUBLISHER & BOOK :Saraswati Publication		
SUBJECT : Physical Education(048)			NO. OF LESSONS : 12		
MONTH	NO. OF WORKING DAYS	NO. OF LESSONS	NAME OF THE LESSONS	% OF SYLLABUS COVERED	CUMULATIVE % OF SYLLABUS COVERED
APRIL	22	1	Unit-1 Changing Trends & Career in Phy Edu	8.33%	8.33%
MAY	12	1	Unit-2 Olympic Movement	8.33%	16.67%
JUNE	14	1	Unit-3 Physical Fitness, Wellness, Lifestyle	8.33%	25.00%
JULY	25	1	Unit-4 Physical Education & Sports for Differently Abled	8.33%	33.33%
AUGUST	23	1	Unit-5 Yoga	8.33%	41.67%
September	8	1	Unit-6 Physical Activity & Leadership Training	8.33%	50.00%

SPLIT UP SYLLABUS TERM II : OCT '2017 - MARCH 2018

CLASS : V			NAME OF THE PUBLISHER & BOOK : Saraswati Publication		
SUBJECT : Computer					
MONTH	NO. OF WORKING DAYS	NO. OF LESSONS	NAME OF THE LESSONS	% OF SYLLABUS COVERED	CUMULATIVE % OF SYLLABUS COVERED
October	18	1	Unit-7 Test Measurement & Evaluation	8.33%	58.33%
November	22	1	Unit-8 Fundamentals of Anatomy & Physiology	8.33%	66.67%
December	16	2	Unit-9 Kinesiology Biomechanics & Sport Unit-10 Psychology & Sports	16.67%	83.33%
January	22	1	Unit-11 Training in Sports	8.33%	91.67%
February	19	1	Unit-12 Doping	8.33%	100.00%